



# 1% Experiment - Tracker

What's your 1% today? (Remember! It can be tiny.)

WEEK 1:
Mo
Tu
We
Th
Fr
Sa
Su
WEEK 3:
Mo
Tu
We
Th
Fr
Sa
Su

WEEK 2:
Mo
Tu
We
Th
Fr
Sa
Su
WEEK 4:
Mo
Tu
We
Th
Fr
Sa
Su

NOTES (Changes, improvements, discoveries?)

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# 1% Experiment - Tracker

What's your 1% today? (Remember! It can be tiny.)

WEEK 5:
Mo
Tu
We
Th
Fr
Sa
Su
WEEK 7:
Mo
Tu
We
Th
Fr
Sa
Su

WEEK 6:
Mo
Tu
We
Th
Fr
Sa
Su
WEEK 8:
Mo
Tu
We
Th
Fr
Sa
Su

NOTES (Changes, improvements, discoveries?)

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# 1% Experiment - Tracker

What's your 1% today? (Remember! It can be tiny.)

WEEK 9:
Mo
Tu
We
Th
Fr
Sa
Su
WEEK 11:
Mo
Tu
We
Th
Fr
Sa
Su

WEEK 10:
Mo
Tu
We
Th
Fr
Sa
Su
WEEK 12:
Mo
Tu
We
Th
Fr
Sa
Su

NOTES (Changes, improvements, discoveries?)

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