

1% Experiment - Tracker

What's your 1% today? (Remember! It can be tiny!)

WEEK 1:	
Mo	
Tu	
We	
Th	
Fr	
Sa	
Su	
WEEK 3:	
Mo	
Tu	
We	
Th	
Fr	
Sa	
Su	

WEEK 2:	
Mo	
Tu	
We	
Th	
Fr	
Sa	
Su	
WEEK 4:	
Mo	
Tu	
We	
Th	
Fr	
Sa	
Su	

NOTES (Changes, improvements, discoveries?)

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What's your 1% today? (Remember! It can be tiny!)

WEEK 5:	
Mo	
Tu	
We	
Th	
Fr	
Sa	
Su	
WEEK 7:	
Mo	
Tu	
We	
Th	
Fr	
Sa	
Su	

WEEK 6:	
Mo	
Tu	
We	
Th	
Fr	
Sa	
Su	
WEEK 8:	
Mo	
Tu	
We	
Th	
Fr	
Sa	
Su	

NOTES (Changes, improvements, discoveries?)

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What's your 1% today? (Remember! It can be tiny!)

WEEK 9:

Mo	
Tu	
We	
Th	
Fr	
Sa	
Su	

WEEK 11:

Mo	
Tu	
We	
Th	
Fr	
Sa	
Su	

WEEK 10:

Mo	
Tu	
We	
Th	
Fr	
Sa	
Su	

WEEK 12:

Mo	
Tu	
We	
Th	
Fr	
Sa	
Su	

NOTES (Changes, improvements, discoveries?)
